**Summary of Intuition Workshop:**

* **Learning to ‘’Listen” to the body**
* **Muscle testing with arm, body weight and fingers**
* **Dowsing with Pendulum and the use of charts**
* **Dowsing with lists**
* **Meditation**
* **Anchoring relaxation state before working on a client**
* **Demonstration of “moves “ with intention**
* **Practice of Basic Bowen Procedures**
* **Requests for specific difficult moves**
* **Discussion of combining procedures**
* **Any specific questions on clients problems**
* **Clearing client energy**