

CAT Studieplan van Opleidingsinstituut De Kleine Parel

Voorwoord

De globale structuur van de opleiding ziet er als volgt uit.

De student kan deelnemen aan één van de drie studieprogramma's:

1) MNRI® behandelaar met losse MNRI® bij- en nascholingen

Alle cursussen zijn als losse bij- en nascholingen te volgen. De student dient in dat geval wel rekening te houden met de vereiste cursussen die eerst gevolgd dienen te worden. Sommige cursussen zijn alleen beschikbaar voor studenten die zich hebben ingeschreven voor het MNRI® Core in Training Programma, of een bepaalde modulaire (deel-) opleiding hebben afgerond.

2) Modulaire af te ronden (deel-)opleidingen MNRI® Core in Training Programma

Dit programma bestaat uit 4 los af te ronden levels. Bij elk level horen een vereist aantal cursussen, 1 praktijktoets, 1 theorie examen, 64 uur stage en 1 praktijkexamen. Naast het volgen van de verplichte cursussen heeft de student beperkt keuze om aan het vereiste aantal cursussen te komen.

Elke Core in Training student start in Level 1, daarmee is het level dus nog niet afgerond, maar is de student bezig met het volgen van Level 1. Pas op het moment dat afgesloten is, komt de student in het volgende Level 2, wat betekent dat de student bezig is met het volgen van Level 2. Etc.

Na afronding van een Level behaalt de student een titel:

- MNRI® NeuroTactile Specialist (mogelijk na afronding Level 1)
- MNRI® Archetype Specialist (mogelijk na afronding Level 1)
- MNRI® Repatterning Specialist (mogelijk na afronding Level 2)
- MNRI® NeuroStructural Specialist (mogelijk na afronding Level 3)

3) Opleiding tot MNRI® Core Specialist

De volledige opleiding tot MNRI® Core Specialist bestaat uit het behalen van 4 levels van het Core in Training Programma. Daarna dient de student 4 final praktijkexamens af te ronden en een volgens bepaalde criteria opgestelde case study in te leveren. Deze case study wordt beoordeeld door de examencommissie, en na positieve beoordeling wordt de opleiding afgerond en mag de student zich MNRI® Core Specialist noemen.

MNRI® behandelaar met losse MNRI® bij- en nascholingen

K10399

Basiscursus

MNRI® Dynamic and Postural Reflex Integration

The MNRI® Dynamic and Postural Reflex Integration course provides the foundation to understand the importance of primary motor reflex pattern maturation, why a reflex might not be integrated, the impact a non-integrated reflex can have, and the Masgutova Neurosensorimotor Reflex Integration (MNRI®) techniques designed to assess and integrate reflexes. Primary motor reflex patterns emerge along a predictable developmental continuum, with each successive reflex emerging to secure a child's survival and protection as his system matures and advances.

The MNRI® Dynamic and Postural Reflex Integration course explores

- The general Masgutova Neurosensorimotor Reflex Integration (MNRI®) Method and the role played by the Dynamic and Postural Reflex Integration program.
- The progression primary motor reflex patterns beginning in utero and continuing through life.
- The role primary infant reflex patterns play in establishing subsequent related motor reflex schemes and the development of advanced motor, communication and cognitive abilities and emotional and behavioral regulation.
- MNRI® Dynamic and Postural Reflex Integration techniques to assess, pattern and integrate primary motor reflex patterns.

Learning Objectives

The student will be able to:

1. Describe the Masgutova Neurosensorimotor Reflex Integration (MNRI®) Method and explain its scientific origins.
2. Describe the role of a reflex and its sensory, motor and Central Nervous System (CNS) mechanisms.
3. Describe primary motor reflex patterns, the subordinate role each plays in the maturation of more complex related motor reflex schemes (sitting-up, crawling, etc), the development of learned motor, communication and cognitive abilities and in achieving potential across an individual's lifespan.
4. Describe the effects of a non-integrated reflex on the brain-body system as well as the effects on receptive and expressive language skills.
5. Describe the impact of trauma on primary motor reflex patterns, the protective role immature reflexes play, and the negative impact protection can have on an individual's ability to self-regulate, learn, develop and grow.
6. Describe the impact of stress and negative learning experiences on the integration of reflexes necessary for reading, writing, eating, core stabilization, visual/motor integration, speech/language development and auditory processing.
7. Define, classify and demonstrate (through in class demonstration) the body's motor coordination systems, the corresponding brain level responsible for managing each system, and the implications for reflex integration.
8. Describe the importance of primary motor reflex patterns and identify, define and classify each pattern.
9. Discuss the research of Pavlov (1927), Simonov (1987), Kornorsky (1970) and Vygotsky (theory of Cognitive Development as reprinted in 1978).
10. Compare and contrast dynamic and postural motor reflex patterns found in the coronal, sagittal and axial body plane coordination systems.
11. Analyze the reflex integration process: Reflex circuit => Reflex actions => Basic pattern => Variant patterns => Intentional movement => Skill development => Motor planning.
12. Define the links with facilitating and opposing reflexes.
13. Describe the connection to emotional and behavioral regulation and personality development.
14. Describe reflexes as the fundamental foundation for optimal motor, communication and cognitive learning and growth.
15. Describe how to implement Masgutova Neurosensorimotor Reflex Integration (MNRI®) assessment techniques to determine the integration state of each primary motor reflex pattern.
16. Explain, demonstrate and identify:
 - a. The Masgutova Neurosensorimotor Reflex Integration (MNRI®) Method parameters, important to determining the integration state of each reflex.
 - b. The possible range of integration states for each primary motor reflex pattern including integrated (typical maturational pattern), dysfunctional (atypical, immature) and pathological (absence of any pattern or presentation incorrect or wrong pattern).
 - c. Demonstrate through supervised hands-on application the ability to conduct an Masgutova Neurosensorimotor Reflex Integration (MNRI®) assessment and adequately determine the state of each primary motor reflex pattern.
17. Demonstrate how to implement the Masgutova Neurosensorimotor Reflex Integration (MNRI®) techniques to integrate each primary motor reflex pattern.
18. Analyze, define and demonstrate the Foot/Leg reflex patterns for Babinski, Foot Tendon Guard, Leg Cross Flexion/Extension, Automatic Gait and Bauer Crawling and its effect on receptive and expressive language skills.
19. Analyze, define and demonstrate the core or gross motor coordination reflex patterns for Spinal Galant, Spinal Perez, Trunk Extension, Bauer Crawling and its effects on auditory processing, communication and expressive language.
20. Analyze, define and demonstrate the reflex patterns for trauma, protection and survival including Moro Embrace, Fear Paralysis, Hands Supporting.
21. Analyze, define and demonstrate the reflex patterns for emotional stability, fear and depression including Bonding, Spinal Perez, Fear Paralysis, Moro, Trunk Extension and Landau.
22. Demonstrate how these individual corrective programs can be used to enhance overall emotional, motivational, cognitive communication and motor challenges in a daily practice.
23. Apply through demonstration and hands-on practice the MNRI® Dynamic and Postural Reflex Integration techniques designed to activate and integrate primary motor reflex patterns.

24. Describe how to deal with unique and challenging client situations using MNRI® Dynamic and Postural Reflex Integration techniques.
25. Demonstrate the ability to appropriately apply integration procedures for each primary motor reflex pattern.
26. Demonstrate course knowledge to create and apply an individual Masgutova Neurosensorimotor Reflex Integration (MNRI®) program for clients with various challenges.
27. Apply the MNRI® Dynamic and Postural Reflex Integration pre-assessment techniques to identify dysfunctional primary motor reflex patterns.
28. Complete an individual MNRI® Dynamic and Postural Reflex Integration program based on assessment results and targeted individual challenges.
29. Explain with client family the potential impact the individualized program can have on body structure, posture and motor maturation and the potential impact on communication, cognitive learning abilities, emotional and behavioral regulation.
30. Describe, evaluate and create MNRI® Dynamic and Postural Reflex Integration programs for individual clients and home practice.