

**Herbal Pack Application 6 hour**

**Practical Check List**

**Name of Student: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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| **LESSON** | **Score** | **Remarks** |
| **1. Making a herbal ball (20 points)** |  |  |
| **2. Herb Property Clarification (20 points)** |  |  |
| **3. Hand Position, Sitting Position, Herbal Ball Application Position (20 points)** |  |  |
| **4. Pressure, Heat Control, Time Control, Contraindications (20 points)** |  |  |
| **5. MIT case 1 hour (20 points)** |  |  |
| **Total** |  |  |

**Teacher’s Comments**

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**Grading System: A 90 - 100% excellent**

**B 80 - 89% good**

**C 70 - 79% satisfactory**

**D 60 - 69 % needs improvement**

**Grade: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Teacher \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**